

CHARTING FULLFILLMENT & FLEXIBILITY

AS A HEALTH PROFESSIONAL

Learn How to go from
burned out to freedom
by **Saying No**

 Edwin Batte



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SAY NO

Whether you are a young medical professional or a seasoned vet, there is an opportunity for you to work per diem.

You must remember: unless it's a leadership position, hospitals will typically take any qualified individual regardless of your amount of experience. Specific recruiting agencies are always looking for practitioners on behalf of hospitals and clinics.

Along with that, local medical institutions can help you locate these opportunities.

Once you find an opportunity, prove yourself and do your best work. When you do that, you

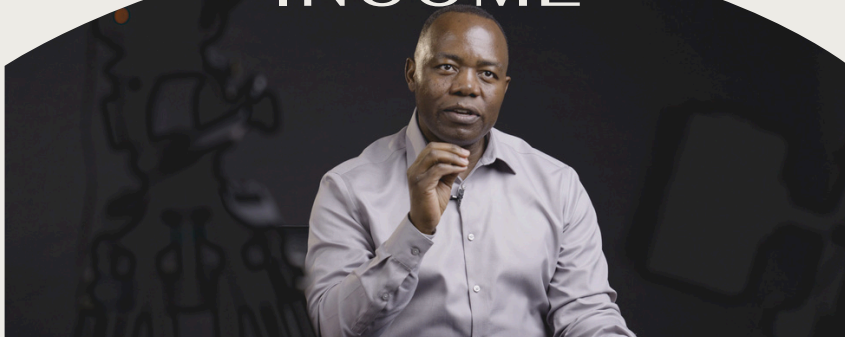


will become less reliant on agencies and institutions and more reliant on your personal network and referrals. If you do this right, the opportunities will flow in.

I currently work per diem and work Monday, Tuesday, and Thursday. I typically work about 12 hours but am on call 24 hours for those three days. On my off days, I enjoy time with family and friends. We attend church, spend time outdoors, play sports, and have meaningful conversations at brunches and the dinner table.

The key is to develop a way to say no, you can truly leverage your greatest asset, your time.

LEVERAGE YOUR INCOME



Once you have developed the way to work per diem, set up your businesses and finances to make sure you have a plan for how to make the most of your income. I focus on scaling my finances and building financial literacy. As I did that, I was able to create a concrete plan. By understanding and managing my finances better, I've created additional income streams and reduced financial stress. This has made me less reliant on my 9-5, giving me more time and the ability to say no.

Make sure you have clear,

accurate information on each page. Choose compelling photos, fonts, and images. Pick colors that suit your style. You need to communicate well with your audience, so always keep them in mind as you design. Need more ideas? Create an outline of the important sections you want to include in your booklet.

Businesses often include their vision and mission, in addition to their yearly goals and metrics. What's important is that you know the purpose of your booklet.

Now that you have developed the ability to say no through securing per diem opportunities and financial education, it is time to build those income streams.

1. INVESTING MINDSET

You must understand how valuable your time is and invest your money to free up your time. I personally started out with rental properties. I purchased a property in Texas and then another one. It started out great, but I found myself either dealing with the hassles of being a landlord or the property management companies taking advantage of me.

2. REAL ESTATE SYNDICATION

With that said, I have found real estate syndication to be the best answer for this problem. In real estate syndication, you invest with a group of investors and get a quarterly cash flow, along with equity and huge tax breaks. Crazy thing: you do about the same work to invest in a single rental property as you would do with a real estate syndication deal, but you have none of the landlord work and way more upside.

3. HOW TO GET STARTED

To invest in real estate syndication, you would contact a business similar to the one I run, that specializes in such things. Once you do that, you can set up a plan on how you can utilize either your savings or leverage your retirement account. If you have a retirement plan, you can roll that account into a self-directed IRA, which you can then invest in a real estate syndication deal. These are just the basics, so if you want to discuss this further, you can reach out to my team or me.

LEVERAGING INCOME

MAKING IMPACT



FIND YOUR PURPOSE

Now this all sounds great, but the only reason I have been able to get this far is because of my family and the impact I aim to make.

Once you have established a way to say no and a way to make the most of your money, it is time to talk about how you can make a bigger impact. I know that, like a lot of you, I got into the healthcare industry because I wanted to help people. At the age of 12, I was

kicked out of my home for joining a church my parents didn't approve of. That led me to find a family that was part of my church in Uganda. From there, after learning about Jesus's mission, I realized that my calling in life was to be a healer, specifically a doctor.

Through many trials and tribulations and relying on countless people along my path, I was able to become the healer I feel I was born to be and that God called me to be. Those people who helped me along my journey inspired me to do the same for others. I know I am not alone when I say I feel like there is more I can give, especially in the position I am in. That is why I have shown you these things, so that you can expand your reach and impact. I promise as you do so, you will feel more fulfillment and joy, and your connections with your family and others will become stronger.

ABOUT

EDWIN BATTE



Edwin Batte is a dedicated medical professional and US Army reservist with over 21 years in healthcare. Born and raised in Uganda, he moved to the United States on July 4, 1991. His journey, marked by significant challenges, showcases his resilience and commitment to excellence. Edwin's rich cultural background and perseverance have made him a respected figure in the medical field.

Edwin's passion for helping others extends beyond healthcare. He draws strength from his diverse family of six children from three marriages. His personal experiences inspire him to support those in need, including his fellow healthcare workers. As a reservist, he continues to contribute to his community

and country.

Committed to addressing burnout among healthcare workers, Edwin advocates for flexibility and balance. Through his personal brand, he provides guidance on achieving financial independence and improved work-life balance. His values—adaptability, impact, and continuous improvement—reflect his life philosophy.

Edwin also champions financial literacy and smart investments. He believes in the transformative power of education and mentorship. By sharing his knowledge and experiences, Edwin aims to inspire others to achieve their dreams and find personal and professional fulfillment. His story is a testament to resilience and dedication.

THANK
YOU!

 Edwin Batte